



# THE UU-LINK

February 2017

NEWSLETTER OF THE UNITARIAN UNIVERSALIST CHURCH OF THE LEHIGH VALLEY

## February Services

February 5

### Who Are You?

Marie Tweed

We'll explore our identity as Unitarian Universalists and look at how that identity directs us to connect to the wider world.

February 12

### A Question of Identity

Rev. Libby Smith

Every movement needs a sense of identity - to know who we are, to bind us together in solidarity. But identity, when too sharply defined, can become limiting rather than empowering, and leave potential allies on the outside of our carefully drawn lines.

February 19

### A Crisis of faith

Tara Stephenson

What does the expression "crisis of faith" really mean? So many people think that "faith" and "belief" are equivalent terms, which really only confuses the issue. Come and bring your whole self!

February 26

### Gifted and Called

Rev. Libby Smith

So often we struggle to build a sense of personal identity based on what we believe the world wants from us. What might it be like to look first at our own gifts, and allow our identity to grow from an authentic and realistic understanding of ourselves?

## DonSense

— by Rev. Don Garrett

(Rev. Garrett is on sabbatical January-February.)

### Our Theme for February:

#### What Does It Mean to Be Community of Identity?

*Afraid that our inner light will be extinguished or our inner darkness exposed, we hide our true identities from each other. In the process, we become separated from our own souls. We end up living divided lives, so far removed from the truth we hold within that we cannot know the "integrity that comes from being what you are." ~ Parker Palmer*

*Do I contradict myself? Very well, then I contradict myself, I am large, I contain multitudes. ~ Walt Whitman*

It's one thing for a religion to offer you an identity; it's quite another for a religion to celebrate your identity. At our best, we UUs seek both.

Our entire Soul Matters program is about UU identity. Each month, we lift up a unique value or human quality that our faith calls us to live and lean into. Together, our themes tell us who UUs uniquely are. But that's only half of the equation. In addition to "UU identity," there's also "your identity." And our faith communities are just as committed to that.

In a sense, every UU congregation hangs two signs on their front doors: One that reads "**Hidden Parts Allowed in the Open!**" And another that says "**Contradictions Welcome!**"

We agree with Parker Palmer that our society has separated us from our souls. Indeed, the only relevant religions today are the ones that take this seriously. Hell certainly exists; it's the state of having to hide ourselves. And we also cheer on Walt Whitman's celebration of messiness and contradiction. We don't just want people to be honest about their contradictions; we want them to see those contradictions as great gifts! Bottom line: we want our congregations to be places where you don't have to pretend.

And it's not just the pressure to pretend that breaks our hearts. Our faith also worries about the way our culture urges us to live small. As social critic, Courtney Martin points out, "It's never been more asked of us to show up as only slices of ourselves." The risk of this, of course, is that if we live too long only in our "slices," they become all that we are. There is no greater spiritual warning than one Kurt Vonnegut lifted up: "We are what we pretend to be, so we must be careful about what we pretend to be." Friends, this identity work isn't a game or merely a pastime. It's unquestionably life and death stuff.

And here's the kicker: our faith wants you to stop hiding and live fully, not just for *your* sake, but for *our* sake as well. We are all struggling to escape our slices and connect to our hidden wholeness. *(continued on Page 2...)*

## FROM THE PRESIDENT



Wow, how the year is flying by! It's already February and more than halfway through the church year. If your New Year's resolutions have lasted this long, good for you!! Keep up the good work!! If

your resolutions have gone by the wayside, forgive yourself.

Although we do recognize Presidents Washington and Lincoln, February is probably most famous for Valentine's Day. While known mostly for thoughts of love, let me offer another perspective on love: kindness. Love, per se, conjures up feelings of romance, relationships, and family. all good things and all worthy of your heart.

I have one other concept of Valentine's Day: kindness. The appropriate definition in Merriam-Webster is "...having or showing a gentle nature and a desire to help others; wanting and liking to do good things and to bring happiness to others." The words and concepts of kindness always bring me back to my Darling Gail, who had both a gentle nature and a strong desire to help others. She demonstrated the power of kindness every day of her life.

I remember seeing a column that Gen. Colin Powell wrote after his days in the President's cabinet. His words spoke about the need for kindness and the overwhelming results that kindness can bring. He urged us all to look inward to find our center of kindness and then to spread our goodness wherever we go, for, indeed, kindness can work miracles.

As we work to find our footing in love to begin our journey planning our congregation's future, let us all be kind. Let us keep both the word and the concept of kindness in the forefront of our hearts and minds. We should pause that extra second to think before we lash out at someone and, instead, show kindness to our fellow congregants. Surely, we will all be on the other side at some point and will feel the power of someone else's kindness toward us.

Happy Valentine's Day!! May you all find love and kindness to fill your hearts.

Peace and Love, **Bob**

## DonSense *(continued from Page 1)*

Seeing you be real gives us permission to be let our true self out of the dark! Your brave honesty about your contradictions, allows us to proudly strut around in our multitudes! We save each other by being true to ourselves.

So this month, maybe those signs need hung on your own personal doors. Hidden Parts Allowed Out in the Open! Contradictions Welcome! No More Pretending! For all of our sakes.

## FOURTH FRIDAY FILM SERIES

February 24, 7:15 PM

### **Planetary: Reconnect to Something Bigger**

The film and discussion looks at our relationship with our environment and the world around us.

March 24, 7:15 PM

### **Program on Democracy in the 21st Century: Is Everyone Represented?**

Using short videos, we discuss gerrymandering reform, how to get more involved in elections/voting, and minimizing the role of money in politics.

April 28, 7:15 PM

### **13th**

Documentary by award winning director Ava Duvernay about racial injustice and mass incarceration.

May 26, 7:15 PM

### **Program on Gender Equality and Women's Issues**

## THE UU-LINK

*The UU-Link is published and mailed monthly, and is also available on our website.*

### **The Unitarian Universalist Church of the Lehigh Valley**

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**We're on the web at [www.uucvpa.org](http://www.uucvpa.org)**

## **WHAT IS THE TRANSFORMATIONAL PLANNING TEAM (TPT) AND WHAT IS IT DOING?**

The Transformational Planning Team is attempting to help build our congregation into a healthier organization, so that we may achieve clarity about our priority goals and become more mindful in practicing our covenantal behaviors. The TPT is made up of Rev. Don Garrett, Bob Kriebel, Cease Blocker, and Ellen Bell (executive committee of the Board of Trustees), Janice Lovegrove and Sarah Johnson (co-chairs of the Committee on Ministry), and Cecilia Collura-Eberhard (chair of Long-Range Planning Committee).

Our first task, currently underway, is to build a culture of respect, trust and collaboration on the TPT itself, the Board of Trustees and Minister (the affirmed leadership of the church), and all Committees, as well as to support and strengthen current activities and programs. While these **Stage 7** efforts go forward, we ask that staff and/or lay leaders confer with any TPT member regarding any strategically significant plans that would change current activities.

The Transformational Planning Team will dissolve in June 2017, as the Board moves into **Stage 8** work that will concentrate on developing a 3-5 year action plan. That effort will be led by a UUA consultant and an Action Planning Team (appointed by the Board) which will include diverse representation from staff, church leaders, and congregants. This 12-15 member team (to be announced at the June Congregational meeting), will engage the full congregation in exploring and discerning our most widely held aspirations for our community and translating those aspirations into specific church-wide goals—goals that answer the question: "What specific difference do we want to make in the lives of our members and those in the larger community?"

After the Board and Congregation approve the action plan (hopefully by Spring 2018), **Stage 9** work will begin, as a church-wide implementation team or teams finalize strategies, begin implementation, and create ways to regularly measure our progress.

To learn more about this effort or how you might become involved, please feel free to contact any member of the TPT team. Also, plan to join us when we present more information about the process and our guiding resources at the March 12 Breakfast Forum.

- Ellen Bell and Barbara Diamant, Board of Trustees

## **FEBRUARY BREAKFAST FORUM**

February 5

### **Women's Care Across the Spectrum**

Kim F. Chiz, RN BSN, Presenter

*Kim is Exec. Dir. of the Allentown Women's Center in Bethlehem, an independent healthcare facility that has been serving the Lehigh Valley since 1978. AWC's mission is to provide high-quality, patient-centered abortion care, counseling, trans health & other gynecological care.*

February 12

### **Our Moon and its Moon Dust**

Carol Kiely, PHD, Presenter

*Carol is a visiting research scholar at the Department of Materials Science and Engineering at Lehigh. She uses a combination of electron microscopy and X-ray imaging to show the internal and external structure of lunar particles that she has received from Hawaii University. Carol loves all aspects of science, especially astronomy and is currently the Star Party Coordinator for the Lehigh Valley Amateur Astronomical Society.*

February 19

### **Slavery & The Burden of Race**

Phil Reiss, Presenter

*How slavery based on racial identity became established in the Americas with an emphasis on its origins in England's colony of Virginia. Phil is the author of "Blue Eyes On African-American History: A Learning Adventure."*

February 26

### **Unpacking Power and Systemic Oppression**

Kara Bender & Sarah Carlson, Presenters

*This Forum co-led by Kara Bender from "Crossroads Antiracism Organizing & Training" and Sarah Carlson will focus the conversation around exploring the ways systemic oppression, and particularly racism, operates in society and how we are all complicit in keeping it in place. Time for reflection around our racial identities will also be created.*



## FROM THE LIFESPAN EDUCATION COORDINATOR

### Sexuality and Sexual Health Workshop for parents of 4-8 year-olds:

The RE Committee is committed to building on the ongoing success of the middle school Our Wholes Lives (OWL) faith-based sexuality education program. Although we currently only teach OWL to the middle school class, curricula are available for primary, elementary, high school, young adult and adult classes as well. We believe it is especially important make this program available to the parents of young children.

Since the numbers of kindergarten and first graders are too small to offer a viable OWL class, the RE Committee is offering an alternative: one two-hour class on sexuality education in the home on Sunday, February 26 from noon to about 2:00 in room 304. Child care will be available upon request.

The introductory parent workshop from the OWL curriculum is valuable as a stand-alone program. Used in conjunction with the pamphlet *Be an Askable Parent: How to Talk with Your Child about Sex and Sexual Health*, this session can get parents on the road to becoming confident, calm and positive sexuality educators for their children.

When my daughter was in 1st grade, my home congregation didn't offer K-1 OWL, much to my disappointment. As an alternative, the family minister, Virginia Jarocka-Ernst (some of you may remember her from her time here as DRE), offered an adult class using the *Be an Askable Parent* pamphlet as a source for the content. That class was extremely valuable in helping me and my wife to become better sexuality teachers for our daughter. We were armed with the ability to use correct terminology in our home, to be positive role models for her, and to be calm and reassuring when talking about sexuality with her. Those are the results we hope to achieve by sponsoring this class.

In faith, **Jansen Wendell**,  
Director of Lifespan Religious Education  
(lec@uuclvpa.org)

## RELIGIOUS EDUCATION (RE) FOR CHILDREN & YOUTH

### BARN DANCE & POT LUCK

*DON'T MISS the 6th Annual Barn Dance and Pot Luck:  
Barn Dance and Pot Luck !*

#### DATE CORRECTION:

**When:** Saturday, February 18 from 6pm to 9:30

**Where:** Right here at UUCLV in the gymnasium

**Cost:** Tickets are \$10 for adults and \$3.00 for children and youth at the door.

What is a barn dance? Barn dances don't just happen in barns. They happen in fire halls, granges, basements, in gymnasiums and they have been part of American culture for centuries. It is a mix of folk dances such as square dance, line dance, circles, mixers and couples dances. Our caller is a master at teaching folk dancing to beginners while making it fun for all. Music is provided by the string band *The Firely Gals and Friends*.

## ADULT RELIGIOUS EDUCATION:

### MINDFULNESS PRACTICE GROUP

*(Tuesday evenings, 7:00 – 8:30, the Community Room)*

With the help of conscious breathing, we are able to touch and be nourished by the peace and joy that are available within and around us, in the here and now. With continued practice, we shall touch and understand the roots of the pain that lie deep within us, such as fear, anger, despair, thus making transformation and healing possible.

Contact Rev. Don Garrett at minister@uuclvpa.org, or Janice Lovegrove, co-leader 610-882-1136, for more information.

### **LONG STRANGE TRIP: 2000 YEARS OF UNITARIAN UNIVERSALIST HISTORY** (DVD series):

This 6 DVD set traces the history and evolution of Unitarianism, Universalism, and the merger of the two into today's Unitarian Universalism. If you want to find out how our "Uncommon Denomination" came to be what it is today, from roots in the Reformation, to the American Revolution to the Civil War to the Transcendentalist Movement to the present, these movies are entertaining and captivating. Contact Jansen Wendell to arrange to borrow DVD's.

## RELIGIOUS EDUCATION CALENDAR: FEBRUARY & MARCH 2017

**Feb 5:** Story for All Ages followed by RE classes

**Feb 12:** Story for All Ages followed by regular RE classes; RE Committee meeting in rm. 212 at 9:00 am

**Feb 18:** (Saturday): Pot Luck and Barn Dance to benefit the Coming of Age class

**Feb 19:** Story for All Ages followed by RE classes

**Feb 26:** Story for All Ages followed by RE classes

**March 5:** Multi-generational youth-led worship service

**March 12:** Story for all ages followed by regular RE classes – prep for RE Sunday; RE Committee meeting at 9:00am in room 212

**March 19:** Multi-generational service - Religious Education Sunday

**March 26:** Story for all ages followed by RE classes

## FEBRUARY HOSPITALITY

Feel the love with February Hospitality provided by the East (Green) group led by Margo Dixon. If you live in zip codes 07016, 08848, 08865, 18013, 18020, 18040, 18042, 18045, or 18064 please sign up to be a greeter, usher, donate flowers or provide snacks when the invitation arrives from SignUp.com. Your children are welcome to assist you as greeters or ushers. Snacks do not need to be homemade, store bought is just fine. Thank you for making our Sunday morning welcoming for members and visitors. If you do not live in those zip codes, but would like to serve the community in February, please email [hospitality\\_east@uuclvpa.org](mailto:hospitality_east@uuclvpa.org) and let Margo know which week you can help out.

There will be a New Member Potluck on February 12, 2017. Please bring a dish to share and drop it off in the FM kitchen prior to service. If you forget, don't fret, please join us anyway as there is always plenty. Any questions: [hospitality\\_east@uuclvpa.org](mailto:hospitality_east@uuclvpa.org).

## FEBRUARY BOOK DISCUSSION

The February book discussion will be Sunday, February 12th at 12:00 noon in the RE Library. This month's book is *The Good Lord Bird* by James McBride. The story is of a young boy born a slave who lived in the Kansas Territory in 1857. Please join us as we recognize Black History Month.

## JOIN US FOR A LINK PIZZA PARTY!

Consider yourself invited to join us for the monthly UU-Link Pizza & Mailing Party! Every month, volunteers meet in the FM kitchen at 12 noon on the 2nd Wednesday after the 3rd Sunday of the month for Link-folding, labeling, socializing and fresh, delicious pizza from Lehigh Pizza. If you'd like to join in the fun and help out, just RSVP to the office at [uuclv@uuclvpa.org](mailto:uuclv@uuclvpa.org).

## SHARED PLATE FOR FEBRUARY

The shared plate recipient for February is Southern Poverty Law Center. Founded in 1971 to ensure that civil rights become reality, it is dedicated to fighting hate and bigotry and to seek equal justice through litigation, exposing hate groups and teaching tolerance

## MARK YOUR CALENDARS

Want to get those mother day plants? Want to replace last year's non-natives with natives? Did you know that native plants need a lot less watering? The spring native perennial plant sale will be this year on Saturdays and Sundays May 6<sup>th</sup> and 7<sup>th</sup> and May 13<sup>th</sup> and 14<sup>th</sup> from 0 to 3pm at 424 Center Street Bethlehem, the UU church side yard. Come early for best selection.

## In Gratitude

**Through its shared collection plate each Sunday, UUCLV contributed \$220 to our Bethlehem Emergency Shelter program in December.**

**Your continuing generosity is greatly appreciated.**

Do all the good you can,  
By all the means you can,  
In all the ways you can,  
In all the places you can,  
At all the times you can,  
To all the people you can,  
As long as ever you can.

-- John Wesley

## ***SOCIAL ACTIVISTS AT THE UUCLV***

The UUCLV's members take pride in their concern for others and "social action" work which wears many different hats--from a youth group, to the winter sheltering program, to a community food pantry, to support for a refugee family, to nature work and more.

In summary, the Men's Emergency Shelter is running flat out right now with two more months to go. The oldest continuing UUCLV project is "HAVEN" which has 15 years under its belt providing a social and support environment for LGBT youth, says UUCLV member Pete Pellegrino, a HAVEN volunteer.

Here's the rest of the story: The tutorial and mentoring support for the Syrian refugee family will be a year old this spring, and the "The Food Pantry" which we joined in 2016 brings UUCLV members together with other religious groups in distributing food to those whose shelves might otherwise be bare. The Green Committee, which supports church and community environmental efforts, is a long-standing commitment of a few dedicated environmentalists.

These efforts operate independently but all are clearly helping others. Separately, the Social Action Committee operates the Fourth Friday Film Series (largely through Tom Ulrich's efforts), oversees congregational donations, and more, according to Gene Hunter and Cari Poole, Social Action co-chairs. "We are always looking for more volunteers, especially for the Emergency Shelter," Cari says. She can be contacted at [fyicp@yahoo.com](mailto:fyicp@yahoo.com) for anyone desiring more information or wishing to attend meetings on the second Monday of every month at 7:15 pm in the Friedemarie Kitchen.

Ann Gasteringer of the sheltering program reports that December brought 69 different guests, 51 volunteers and 306 hours of volunteer services. Volunteers shop for food, prepare meals, set up sleeping and eating accommodations, serve food, interact with guests as would any hostess or host, stay up for much of the night to ensure the safety of all until dawn, serve breakfast, clean up and get ready for the next week. This makes for an intense four months of volunteer activity.

On the other hand, HAVEN supports a smaller group but operates year round. These are the gay, lesbian, bisexual and transgender youths who come to the UUCLV on Wednesday nights to socialize and find support. At a recent holiday party, the young people made ginger bread houses and enjoyed pizza, all the time supported

by facilitators who oversee the activities and perform as confidants. All this, over 15 years, shapes a lot of lives.

From over 8,000 miles away came the six-member Syrian family, fleeing the destruction and dangers of a war torn homeland to safety in Allentown finding supporters from numerous Valley church groups, including the UUCLV. Language being the chief barrier, the family was immersed with tutors and supportive help for every aspect of daily life from shopping, to schooling, to job finding to muddling through the health care system, says UUCLV rep Judy Claps. Progress is a job, even if it is now only \$7.50 an hour with hopes of better remuneration down the road. And success is having your Syrian born kids achieve in school winning a scholarship to the Baum School of Art or reading English at the 2nd grade level in less than a year.

And joining other churches in distributing much needed food supplies from is ecumenical Food Pantry brings not only good deeds but many insights into what an insecure economic base feels like, at least for a few hours on a Wednesday night and knowing you are helping, says Cease Blocker who brought this cause to the attention of the Social Action Committee.

Currently, through the Green Committee, about 600 plants are quietly wintering under the auspices of Ilse Stoll Zinnes to burst forth for the UUCLV Spring Plant Sale under the supportive, garden gloved hands of the Green Committee. (The sale is held annually in September as well.) These same hands upkeep the Center Street garden, the home of only native plants, as overseen by Ilse and Karen Hicks, among others.

What these projects have in common is a 'social action' agenda—yet all they're conceived and delivered outside the bounds of the Social Action Committee.

## ***FEBRUARY MEN'S GROUP***

Our next meeting is 6:30 p.m. Monday, Feb. 6 in the FM kitchen. The discussion topic is what we expect individually for the New Year. Do you have any "resolutions?" What would you like to accomplish or improve in yourself this year? Have there been any resolutions made and actually kept in the past that have influenced your life. The Men's Group is open to all men affiliated with the UUCLV and their male friends. Please bring food and/or beverage to share. For information: [men@uuclvpa.org](mailto:men@uuclvpa.org) or Frank Claps at [610-346-7629](tel:610-346-7629).



**An All American Celebration**

Second Sunday concert, Feb. 12, 2017

*Get a head start on your Valentine's Day celebration and bring your special someone(s)!*

The first Second Sunday Concert Series performance of 2017 is Sunday, February 12 at 3:00 pm. Acclaimed pianist Clipper Erickson returns with a program of music by American composers, including Aaron Copland, Samuel Barber, Amy Beach, and R. Nathaniel Dett. Also on the program is a world premiere of *Sonata Notturna*, written for Erickson by Richard Brodhead, grad school colleague of Larry Lipkis. Erickson's new cd, *My Cup Runneth Over*, was critically acclaimed by Gramophone UK, who named it a Most Popular CD, 2016.

The works are: excerpts from *Rodeo* by Copland; *Ballad*, op. 0, by Amy Beach; *Sonata*, op 6<sup>o</sup>, by Barber; *Fantasia on a Medieval Russian Theme* by David Finko; selections from *Eight Bible Vignettes* by Dett, as well as the Brodhead premiere.

Join your fellow concert-goers and chat with our artist at a post-concert reception. \$15 general admission; **students are free**. Sunday, Feb. 12, 3:00 p.m. Tickets will be available at the door, or may be purchased on-line at [www.concertseries.uuclvpa.org](http://www.concertseries.uuclvpa.org).

**CONCERT REFRESHMENTS**

We appreciate all who brought refreshments for our November Second Sunday Concert reception. We look forward to another wonderful concert on Sunday, February 12th, and will need refreshments for that concert reception. Please contribute a dessert or hors d'ouvres for this much enjoyed event. Contact Pat Herring at 610-965-6776 or [herringp@ptd.net](mailto:herringp@ptd.net) to tell us what you are bringing. If possible, bring your contribution to church that morning on an attractive serving dish, label it "Concert", and leave it in the FM kitchen on the table near the wall. Refreshments brought at concert time will be heartily accepted, too. Many thanks for your generous help in making our concert series memorable

**THE CENTER & WALL STREET JOURNAL**

2016-17 Fiscal Year, Second Quarter Report

The second quarter of our 2016-17 church fiscal year ended on December 31. Cash flow has been quite good. Income is very close to where it should be. Expense is being held in check. Specifics are tabulated below.

	Actual 2016-17 \$	Budget 2016-17 (straight-line) \$	Recent three-year average \$
Income			
Pledges	150,300	109,400	151,500
Rental Fees	22,500	18,000	
Fundraising	19,600	13,000	
Plate	4,700	5,000	
Other	9,100	8,800	
Reserves	0	5,700	
Total	206,200	159,900	206,800
Expenses	155,900	159,900	152,100
Net Income	50,300		54,700

Comparison with Annual Budget		
	Actual 2016-17	Recent 3-year average
Pledge Income	69%	70%
Total Income	65%	66%
Total Expense	49%	48%

Fund Balances \$	
Operating	50,000
Reserves	63,000
Capital	134,000
Endowment	77,000

A reminder: If you are not caught up -- or ahead -- with your pledge payments, please see what you can do to help us get "on track" or "ahead."

Repeating an "invitation": Allen Zinnes, Don Davis or I would be pleased to speak with anyone who might be interested in helping with the very important, "treasury-related" activities of the church. Requisites are an affinity for "numbers" and enthusiasm for working on the computer.

Please contact me if there are any questions.

Respectfully submitted,  
**Jan Phillips, UUCLV Treasurer**

UUCLV  
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Today	<	>	February 2017	Day	Week	Month	4 Days	Agenda	More ▾	Settings ⚙	
Sun	Mon	Tue	Wed	Thu	Fri	Sat					
29 9 Breakfast Forum-CR 10:30 Sunday Service 12p WTC/WTF Class 1: 30 12:10p Hospitality: FM/Brid 4p Yoga: 310	30 12p Buy The Farm: Kitcher 6p Red Sugar: Kitchen 6p Yoga: 310 7p Comm on Ministry: RE L	31 10 Buy The Farm: Kitchen 4p Mu Do Kan: Gym 5:45p Yoga: 310 6p Catalalos: Kitchen 7p Mindfulness Practice: C	Feb 1 3p Men's Shelter: Gym/kitd 6p Yoga: 310 7p HAVEN: Rm 100/CR 7:15p Finance: RE Lib 7:15p Beacon Choir: Sanct	2 12p Zuzu: Kitchen 1:15p Community Listener 4p Mu Do Kan: Gym 6p Catalalos: Kitchen 6p Yoga: 310 7p Board Mtg: CR	3 6p Catalalos: Kitchen	4 10 Yoga: 310 11:45 Yoga: 310 4:30p LV Pagans: 212 TBD					
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